

Parent Workshops for Heathy Eating and Sleep Hygiene

These have been organised by Reflexions, part of a Walsall Mental Health Support Team which Pheasey Park Farm have strong links with.

Reflexions staff have provided two dates for this session. Please see the details underneath if you are interested in attending:

6/12/21 at 16:00

Join Zoom Meeting

<https://us02web.zoom.us/j/85166358684?pwd=ckxqNDc4YXN3cVZjOS92Tk8zMUpVUT09>

Meeting ID: 851 6635 8684

Passcode: V50p5g

8/12/21 at 16:00

Join Zoom Meeting

<https://us02web.zoom.us/j/88684181146?pwd=S2p4NzMxak5vejVNYjdDaGhMK0QOZz09>

Meeting ID: 886 8418 1146

Passcode: Pj2dqm