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**PHEASEY PARK FARM**  
Primary School &  
Early Years Centre

# School News

SPRING TERM 2022

Friday 4th March 2022

Dear Parents and Carers,

I hope you all had a lovely half term break with your families. Our first week back in school has been a busy but enjoyable week for the children with World Book Day, assessment week and Year 1 and 3 busy practising for their end of term productions.

The news around the world is not as positive at the moment. Russia's invasion of Ukraine is distressing and concerning for all of us. Our children are constantly absorbing things they read, see and hear and it's completely natural for them also to be picking up on the situation in Ukraine and feeling anxious. It is important we don't avoid talking to children about what is going on. If you are wondering how best to support your child, the following advice may be helpful;

- *Give them the basics and don't avoid the conversation*
- *Listen to their worries and provide honest answers to their questions about what is going on, don't overcomplicate your responses and try to give details at an age-appropriate level. Don't avoid answering their questions about the situation as this could promote more anxiety, but keep to basic facts.*
- *Ensure they feel supported and safe - Explain this is happening in Ukraine, a different country and show this if necessary using a globe or map.*
- *Manage your own feelings - Try to deal with your own feelings of stress and distress in a way that it is managed as children will be sensitive to your reactions.*
- *Avoid exposure to a constant stream of news - Be mindful of whether you have the radio or TV on all day, as children will be absorbing news without us realising it. Try to build in 'breaks' from the news, for example, if you are picking up your children from school, turn off the radio or make sure it isn't on a news station to provide a break from the constant exposure to worrying rolling news cycles.*
- *Watch where they are getting their news - We know that fake news is an issue, particularly on social media sites so be mindful of what children are absorbing and where they are getting it. Ensure they understand that not everything they see on social media sites is true, and they know what reliable sources of news they can access.*

Our thoughts are with all those affected by the situation in Ukraine.

Mrs Arnold

## Reception Height and Weight

Height and Weight checks for pupils in Reception will be going ahead week beginning 16th March

### SEND Parent Workshop - This is Me



Helping Hands Walsall are delivering virtual 'This is Me' workshops for parents of children with Autism/ADHD. It aims to explore and understand your child's behaviour if they have AUTISM/ADHD or on a diagnosis pathway.

For more information contact Helping Hands at:  
[helpinghandswalsall@family-action.org.uk](mailto:helpinghandswalsall@family-action.org.uk)

### Congratulations Assemblies

Face to face assemblies have now resumed in school and we will begin inviting parents in for our Congratulations assemblies. We will notify parents **by text** if your child has been chosen and we will give parents a weeks notice.



KS1 Congratulations are on Mondays.

KS2 Congratulations are on Fridays



We cant wait to celebrate your children's achievements with you once again!

### Local Food Bank Appeal

Times are hard for many of us at the moment and local food banks are running very low on stocks to be able to support those most in need. Two of our past pupils are volunteering at Great Barr Food Bank and we would like to offer our support as well by asking parents if they are able to make any donations. If you are able to donate any of these items, please ask your child to bring them into school over the next 2 weeks, where they will be collected on **Thursday 17th March**.

- Cereal
- Soup (can/packet)
- Beans/spaghetti in sauce
- Tomatoes/pasta Sauce
- Fruit- tinned
- Rice pudding/custard
- Biscuits/Chocolate/snacks
- Jam
- Potatoes - tinned
- Pasta
- Instant mash
- Tea/coffee/sugar
- Juice
- Long-life milk/powder

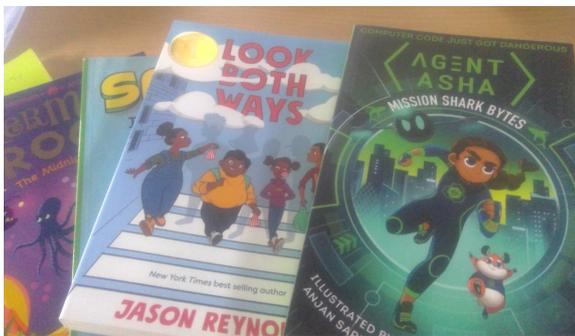
### Class Photos



Our school photographer is in on Monday 7th March to take class photos. Please make sure your child is in full winter uniform i.e. shirt and tie and that long hair is tied back with a simple band- no hair ornaments please!

### World Book Day

Children enjoyed dressing up as book characters yesterday and sharing their favourite stories. They were also given opportunities to read books based on our theme this year - Diversity - and enjoyed listening to stories read on Live assemblies by authors. Some excellent costumes - thank you!



### Dates for your Diary

- Monday 7th March**  
Class Photos
- w/b 16th March**  
Height and Weight checks for Reception
- Friday 18th March**  
Red Nose Day
- Wednesday 30th March**  
Health and Development session -Y6
- Wed 30th & Thurs 31st March**  
Year 1 Production
- Mon 28th and Tues 29th March**  
Togo Nogo session - Y3
- Monday 4th April**  
5:00pm - Y4 Residential meeting KS1 Hall
- Tuesday 5th April**  
Achievement Assemblies
- Tues 5th and Wed 6th April**  
Reception Road Safety Walks
- Wednesday 6th April**  
Easter Bonnet Parade
- Friday 8th April**  
Easter Service - Y3 Beacon Church

### COVID UPDATE

The Government has announced it's plan for 'Living with Covid' and guidance was changed from 24th February 2022. Although you are no longer legally required to self isolate if you test positive for covid, in order to protect others, the government and NHS advice continues to recommend staying at home if your or your child has any of the main symptoms, even if mild.

A reminder of the symptoms are as follows:

The main symptoms of COVID-19 are a recent onset of any of the following:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell

[COVID-19: people with COVID-19 and their contacts - GOV.UK](https://www.gov.uk/covid-19/people-with-covid-19-and-their-contacts)



### How to reduce the spread of infection with the people you live with if you have COVID-19.

If you have COVID-19, there is a high risk that others in your household will catch it from you. There are several things you can do to reduce the spread of infection in your household.

- 1 Limit close contact with others. Spend as little time as possible in communal areas.



- 2 Regularly clean frequently touched surfaces and shared rooms like kitchens and bathrooms.



- 4 Get help where possible from those you live with. Ask for help with cleaning and being brought food safely to avoid unnecessary contact.



- 3 Wash your hands regularly using soap and water, particularly after coughing and sneezing.

- 5 Use a face covering if you need to spend time in shared spaces.



- 6 Keep rooms well ventilated.



- 7 Catch coughs and sneezes in disposable tissues and put them straight in the bin.

