Head Teacher: Mrs S Arnold Early Years Centre Manager: Miss T Ilsley



Monday, 10<sup>th</sup> January 2022

Dear Parents and Carers,

## Changes to the requirement for a PCR test and the self isolation period

From tomorrow, Tuesday 11<sup>th</sup> January 2022, anyone with a positive lateral flow test and <u>no</u> <u>COVID symptoms</u> (new continuous cough, high temperature, loss or change in smell or taste) will be required to isolate immediately and report the result via GOV.UK but will no longer be required to take a confirmatory PCR test. This is a temporary measure while COVID rates remain high in the UK. Whilst levels of COVID are high, the vast majority of people with a positive lateral flow result can be confident they do have COVID.

After reporting a positive lateral flow test result, you will be contacted by NHS Test and Trace so that contacts can be traced.

Lateral flow tests are taken by people who <u>do not</u> have COVID symptoms. Anyone who develops 1 of the 3 main COVID symptoms (new continuous cough, high temperature, loss or change in smell or taste) should stay at home and self-isolate and take a PCR test. They must self-isolate if they get a positive test result, even if they have had a recent negative lateral flow test - these rules have not changed.

Please note - The omicron variant also has symptoms of sore (scratchy) throat, headache that persists and aching limbs. Although these are not the 3 main symptoms as identified by the NHS, we are seeing increasing numbers of these symptoms in children and staff who then go on to test positive.

Last month there were also changes to the isolation period and the testing of close contacts of a positive case. Fully vaccinated contacts and all children aged 5 to 18 years and six months, regardless of their vaccination status, who are contacts of a COVID-19 case should now take a daily lateral flow test for 7 days rather than a PCR test (as long as there are no symptoms present, anyone with symptoms would still require a PCR test).



Pheasey Park Farm Primary School and Early Years Centre is part of Elston Hall Learning Trust. Registered address: Stafford Road, Fordhouses, Wolverhampton WV10 6NN It is a company limited by guarantee registered in England & Wales No: 09780473 Head Teacher: Mrs S Arnold Early Years Centre Manager: Miss T Ilsley



Please can we ask that you follow this advice for all school children and yourselves before entering school site.

You will also be aware that on the 22<sup>nd</sup> December the self-isolation period was reduced. Anyone who tests positive, on either a lateral flow test or a PCR will be able to leave selfisolation 7 days after the date of their initial positive test if they receive 2 negative lateral flow test results, 24 hours apart, on days 6 and 7.

If you are unsure of which test you require or require advice regarding self-isolation, please contact either 111, 119 or Public Health on 01922 658065.

Thank you for your ongoing support.

Yours sincerely.

SAnd

Mrs S. Arnold Head Teacher



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