



THIS IS ME: Understanding my behaviours as I have different needs

Workshops for parents/carers of children with AUTISM/ADHD or on a diagnosis pathway

Session One: Introduction by Dr Mel Bruce, understanding your child's needs, needs and behaviours

Thursday 28th April 2022 at 9:30am -email sent with instructions of how to view the video and attend conference call.

You will have 1 hours to watch the video and complete the short WEMWBS to send back to Staff.
10:30am conference call to Staff (details are in the email of how to attend, via TEAMS app)

Session Two: Introducing the bucket model, observing behaviour:

Friday 29th April 2022 at 9:30am email sent with instructions of how to view the video and attend conference call.

You will have 1 hours to watch the video and start to complete you TIM plans.
10:30am conference call to Staff (details are in the email of how to attend, via TEAMS app).

Session Three: This Is Me plan, completing a plan

Thursday 5th May 2022 at 9:30am- email sent with instructions of how to view the video and attend conference call.

You will have 1 hours to watch the video and start to complete your TIM plans.
10:30am conference call to Staff (details are in the email of how to attend, via TEAMS app).

Session Four: Effective communication

Friday 6th May 2022 at 9:30am- email sent with instructions of how to view the video and attend conference call.

You will have 1 hours to watch the video and start to complete you TIM plans.
10:30am conference call to Staff (details are in the email of how to attend, via TEAMS app).

Session Five: Dealing with sensory issues, routine praise and rewards

Thursday 12th May 2022 at 9:30am- email sent with instructions of how to view the video and attend conference call.

You will have 1 hours to watch the video and start to complete you TIM plans.
10:30am conference call to Staff (details are in the email of how to attend, via TEAMS app).

Session Six: Understanding meltdowns, repair, reflect and restore

Friday 13th May 2022 9:30am -email sent with instructions of how to view the video and attend conference call.

You will have 1 hours to watch the video and complete the short WEMWBS. (send back to Staff by email)

10:30am conference call to Staff (details are in the email of how to attend, via TEAMS app).
12:00pm send Staff your completed TIM plans.

Staff will send the TIM back to you within a week along with your certificate of participation, Please complete the survey monkey feedback form.

For more information please contact:

Helping Hands Walsall

Email: helpinghandswalsall@family-action.org.uk

One of the team will get back to you within 5 days



Building stronger families



Clinical Commissioning Group