## **Monday**

V Margherita Pizza Slice (wholemeal base) Oven baked Jacket Wedges or Penne Pasta Mixed Peas & Sweetcorn

V Oven baked Quorn Nuggets Oven baked Jacket Wedges or Penne Pasta Mixed Peas & Sweetcorn

**V** Jacket Potato with Cheese and or Beans

Blueberry Mini Muffins

Pizza Day

Meat Free

#### **Thursday**

Oven baked Chicken Strips (Gluten Free) Oven baked Alpha Bites or steamed Rice Beans or Sweetcorn

> V Macaroni Cheese Beans or Sweetcorn

**V** Jacket Potato with Cheese and or Beans

Chocolate Crunch & Custard





## Tuesday

Oven baked Pork Sausages Mashed Potato or Steamed Rice Mixed Peas & Carrots Vegetarian Gravy

V Oven baked Quorn Sausages Mashed Potato or Steamed Rice Mixed Peas & Carrots Vegetarian Gravy

V Jacket Potato with Cheese and or Beans

**V** Vegetarian Fruit Jelly

Roast Day

**Fish** Day

## **Friday**

Oven baked Fish Fingers Oven baked Chips Peas or Beans

**V** Oven baked Vegetable Fingers Oven baked Chips Peas or Beans

**V** Jacket Potato with Cheese and or Beans

Vanilla Sponge & Custard

# **Lunchtime Menu**

## Autumn Term 2

## Wednesday

Roast Chicken with Yorkshire Pudding **Roast Potatoes** Mixed Vegetables Vegetarian Gravy

V Cheese Roll with Yorkshire Pudding **Roast Potatoes** Mixed Vegetables Vegetarian Gravy

V Jacket Potato with Cheese

V Iced Flapjack



**Daily** Fruit Pots / Fresh Fruit **Yogurts Bread Basket** 

Allergen Information for all dishes can be obtained by contacting Mrs Mallon 0121 366 6183 / postbox@pheasey.org.uk



We will cater for dietary requirements and alternative meal options may be provided

## Monday

V Margherita Pizza Slice (wholemeal base)
Oven baked Jacket Wedges or Penne Pasta
Mixed Peas & Sweetcorn

V Oven baked Quorn Nuggets
Oven baked Jacket Wedges or Penne Pasta
Mixed Peas & Sweetcorn

V Jacket Potato with Cheese and or Beans

V Ice Cream Pots

## Pizza Day

Meat Free

#### **Thursday**

Oven baked Chicken Burger Oven baked Alpha Bites or Penne Pasta Mixed Peas & Sweetcorn

V Oven baked Quorn Southern Burger Oven baked Alpha Bites or Penne Pasta Mixed Peas & Sweetcorn

**V** Jacket Potato with Cheese and or Beans

Marble Sponge & Custard





# **Lunchtime Menu**

## Autumn Term 2

## Wednesday

Roast Chicken with Yorkshire Pudding Roast New Potatoes Mixed Vegetables Vegetarian Gravy

Cheese Slice with Yorkshire Pudding
Roast New Potatoes
Mixed Vegetables
Vegetarian Gravy

V Jacket Potato with Cheese

**V** Rice Krispie Cake



<u>Daily</u>
Fruit Pots / Fresh Fruit
Yogurts
Cream Cheese & Crackers
Bread Basket
Salad Bar

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## **Tuesday**

Oven baked Pork Sausage Roll
Oven baked diced Potatoes or Steamed Rice
Sweetcorn or Beans

V Oven baked Vegan Sausage Roll
Oven baked diced Potatoes or Steamed Rice
Sweetcorn or Beans

V Jacket Potato with Cheese and or Beans

Chocolate Chip Cookie

Roast Day

Fish Day

## Friday

Oven baked Fish Fingers Oven baked Chips Mixed Peas & Carrots

V Quorn & Vegetable Curry Rice & Naan Bread Mixed Peas & Carrots

V Jacket Potato with Cheese and or Beans

**V** Fruit Flapjack

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## **Monday**

V Margherita Pizza Slice (wholemeal base)
Oven baked Jacket Wedges or Penne Pasta
Peas

V Quorn & Vegetable Bolognaise
Penne Pasta
Peas

**V** Jacket Potato with Cheese and or Beans

Mini Doughnut & Fruit Salad

Pizza Day Meat Free

## **Thursday**

Meatballs In Tomato Sauce Oven baked Alpha Bites or Penne Pasta Mixed Peas & Sweetcorn

V Oven baked Quorn Southern Burger Oven baked Alpha Bites or Penne Pasta Mixed Peas & Sweetcorn

**V** Jacket Potato with Cheese and or Beans

**V** Hedgehog Krispie

# **Lunchtime Menu**

## Autumn Term 2

#### Wednesday

Roast Chicken with Sage & Onion Stuffing
Roast Potatoes
Mixed Vegetables
Vegetarian Gravy

V Tomato Pasta Bake Roast Potatoes Mixed Vegetables

V Jacket Potato with Cheese

**Chocolate Sponge** 



<u>Daily</u>
Fruit Pots / Fresh Fruit
Yogurts
Cream Cheese & Crackers
Bread Basket
Salad Bar

Allergen Information for all dishes can be obtained by contacting Mrs Mallon 0121 366 6183 / postbox@pheasey.org.uk

## **Tuesday**

Oven baked Chicken Nuggets
Oven baked Chips or Steamed Rice
Sweetcorn or Beans

V Cheese & Potato Pie Sweetcorn or Beans

V Jacket Potato with Cheese and or Beans

V Fruit Shortbread

Roast Day

Fish Day

## Friday

Oven baked Fish Fillet
Oven baked Crispy Potato Cubes
Peas or Beans

V Quorn & Vegetable Lasagne Oven baked Crispy Potato Cubes Peas or Beans

**V** Jacket Potato with Cheese and or Beans

Apple Sponge & Custard

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