



PHEASEY PARK FARM
Primary School &
Early Years Centre

Mental Health and Well-Being Provision Map

We are proud to display the Sandwell Charter Mark in school which has been awarded to us in recognition of our commitment to and evidence of good practice in creating a school that promotes the emotional and mental health and well-being of pupils, staff and parents.



the
sandwell
well-being
charter
mark

| Social Emotional Mental health (SEMH) | | |
|---|--|--|
| Wave 1 (Quality First Teaching) | Wave 2 Group Intervention – Learning Mentors | Wave 3 1:1 support Behaviour & Emotional Leader/mentor support |
| <ul style="list-style-type: none"> • Clear & consistent boundaries • Use of positive behaviour rewards e.g. House points and Dojos • Positive language and praise • Congratulations assemblies • Wellbeing Ambassadors • Calming and mindfulness strategies • Resilience and growth mindset linked to PSHE • Adaptations to class layout • Worry box/ worry monsters • Time spent nurturing good relationships • Peer support at lunchtimes • Visual prompts • Music • Workstations for personal work • Regulation stations in every classroom | <ul style="list-style-type: none"> • Behaviour charts • Home school diary • Peer support lunchtimes • Visual prompts • Time out and reflections areas <p>Group specifics</p> <ul style="list-style-type: none"> • Turn taking • Building resilience and perseverance • Team building • Social stories/ role play • FRIENDS intervention • Mindfulness • Behaviour workshops • Lego therapy • Zones of Regulations • Nurture Group | <ul style="list-style-type: none"> • Emotional Behaviour Support plans (EBSPs) • Family support through EHA • Risk assessments • Alternative lunchtime provision • Access to The Burrow during lunchtimes <p>Interventions</p> <ul style="list-style-type: none"> • Mentoring • Lego therapy • Safe relationships • Wishes & feelings • Emotional literacy (ELSA) • Anger management • Anxiety strategies • Managing emotions • Bereavement support (in house) • Self-esteem and confidence |

Waves 2 & 3

- Fortnightly meetings take place with Head Teacher, Deputy Headteacher, DSL, SENDCo and Learning Mentors. During these meetings, specific vulnerable pupils will be discussed and triaged to identify specific provision map support.
- Where appropriate, school may also seek support and advice from the Trust Behaviour and Emotional Learning Support Leader.

Support, guidance, referral and target setting from outside agencies:

- Reflexions
- Walsall Educational Psychology Service
- School Nursing
- CAMHS
- Young Carers
- Pause/Forward Thinking (Birmingham)
- STICKS consultations